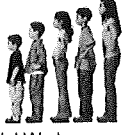

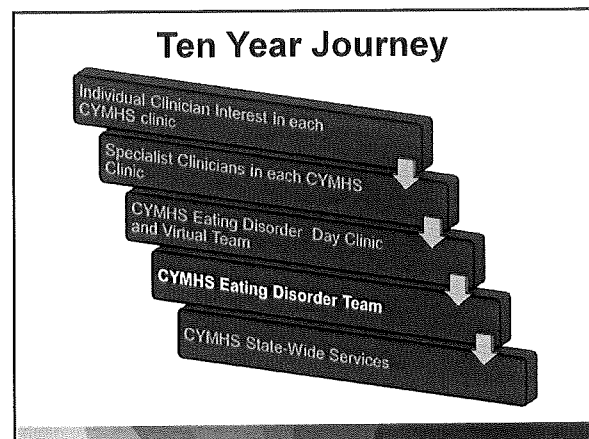


Queensland Health

**Children's Health Queensland
Child and Youth Mental Health Service
Eating Disorder Team**



Tania Withington CYMHS Discipline Director Social Work
Penny Knight CNC/Team Leader
Dr. Salvatore Catania Consultant Psychiatrist
Judi Krause CYMHS Divisional Director

What shaped the journey?

- Problems maintaining knowledge and skill
- Problems maintaining fidelity of EB models
- Loss of momentum and capacity to deliver EB models
- Perceived isolation of identified clinicians
- Limited accessibility and visibility of service
- Inefficiencies in resource utilisation



Original Virtual Team Model

- Community CYMHS Teams released up to 2 clinicians for one day a week
- Inpatient CYMHS released one day a week psychiatrist
- Inpatient CYMHS released one day a week nursing
- Community CYMHS provide consulting rooms one day a week
- All trained and supervised in FBT-AN



Unleashing Potential CHQ Australia Day Award 2014: Eating Disorders Team (CYMHS)

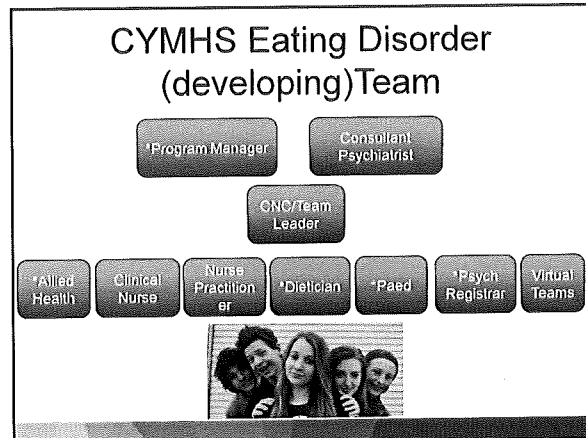


Why move to Specialist Team?

CYMHS Eating Disorder Team established in 2016 in response to:

- Increasing referrals
- Increasing demand for alternative services
- Increasing demand on CYMHS community teams
- Increasing demand for out-of-area services





Current Clinical Services

- 2.5 clinic days for FBT-AN
- 1 clinic day for CBT-E
- 1 clinic day for psychiatric assessment and diagnosis second opinion (CYMHS only)
- 1 clinic day for medical monitoring (under development)
- FBT-AN telemedicine (clinical research)
- Case management, family therapy, individual therapy, psychological assessment



Additional Team Activities

- FBT-AN Supervision
- Research
 - Telemedicine Pilot Project
 - ABFT Trial (developing)
- State-wide Service Development



Whole of Service Initiative

- CYMHS community and inpatient services contribute to the virtual team
- Virtual team members take enhanced skill and knowledge to their substantive teams
- The EDT is part of CYMHS continuum of care incorporating inpatient, community and range of special services



Achievements to Date

- Increased referral rates
- Reduced length of inpatient admission
- Reduction in re-admission rates
- Community treatment reduced
- Improved rates treatment completion
- Improved model fidelity
- Improved staff retention
- Research grant
- Dedicated resources
- State-wide funding



"We are extremely thankful that we have such an amazing service provided to us"

"I looked at my daughter today and I saw a healthy happy girl on the way to recovery"

"I can now look forward to a time of relative prosperity and stability for my family due to your information and resources"

"I would like to thank you for guiding my family and I through the most tumultuous of years"

"We can finally see our son through the Anorexia"

CONSUMER/CARER FEEDBACK



CHQ CYMHS Eating Disorder Team: State-wide Services

State-wide Services



5 year implementation plan

State-wide Service Priorities and Limitations

Priorities

- Direct EB clinical services
- Capacity Building CYMHS
- Inpatient Consultation – Liaison
- GP Consultation- Liaison
- Research

Limitations

- Resources
 - Physical
 - Staffing
 - technology
- Funding
- Geographical Diversity
- Regional, rural and remote CYMHS capacity

Referrals

All referrals to the Eating Disorder Team:

Email: CHQ-CYMHS-
EatingDisorders@health.qld.
gov.au
Phone: 07 3397 9077



Referrals currently accepted for:

- Assessment
- Second opinion
- Treatment
- Telemedicine FBT-AN
- FBT-AN supervision

Contacts

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