

Professor Janice Russell MBBS MD FRACP FRANZCP MFCAP FAED Member of the Advisory Council & Lead Researcher, InsideOut Institute, SYDNEY

Professor Janice Russell is a psychiatrist and physician with more than 30 years' experience in eating disorders. She is a member of the Advisory Council and a Lead Researcher for the InsideOut Institute – Australia's first institute for research and clinical excellence in eating disorders that aims to provide every Australian living with an eating disorder, access to the best possible care, by re-thinking eating disorders from the "inside out".

She is Clinical Professor of the Boden Institute (for Obesity, Nutrition, Exercise and Eating Disorders), the Brain Mind Centre, and the Discipline of Psychiatry, Sydney Medical School of the University of Sydney.

Her University of Sydney MD (1993) was in the area of body composition in anorexia nervosa using in-vivo-neutron-capture-analysis. Prof Russell has published in many areas relating to eating disorders, and has been invited to write editorials and commentaries for *World Psychiatry*, *BMJ* and *ANZJP* on treatment and diagnostic issues. She has more than 100 peer-reviewed articles that have received 1,869 citations.

Since 1990, Prof Russell has served as Medical Director of the Eating Disorders Program at the Northside Clinic, Greenwich, an affiliated teaching hospital of the University of Sydney, which recently relocated to St Leonards, Sydney. In 2004 Prof Russell commenced as a Visiting Medical Officer and Director of the eating disorders inpatient and outpatient service at the Peter Beumont Unit, Royal Prince Alfred Hospital.

Prof Russell was promoted to Clinical Professor in 2007, and in 2013 her advocacy with two senior clinicians secured \$18 million in funding to improve eating disorders services in NSW. She is a member of the NSW State-wide Eating Disorders Service Plan Implementation Committee, the Sydney Local Health District Implementation Committee, the Joint Department Liaison Committee, and chairs the monthly Operational Committee meeting for the service.

She has supervised and continues to supervise a number of Honours, Masters, PhD and RANZCP students which has resulted in many peer-reviewed publications.

From 2008 to 2011 Prof Russell has served as Secretary for the Section for Eating Disorders of the World Psychiatric Association (WPA), as Deputy Chair 2011 to 2014, and then as Chair 2014 to 2017. She was elected as a Fellow of the Academy of Eating Disorders in 2012.

Prof Russell has reviewed for the National Health and Medical Research Council on various occasions and has been invited to join a review board for clinical trials in September 2018. She has been a reviewer for a number of journals including *BMJ*, *Lancet*, *Biological Psychiatry*, *Psychoneuroendocrinology*, *American Journal of Clinical Nutrition*, *Medical Journal of Australia*, and the *Australia and New Zealand Journal of Psychiatry*. She recently joined the editorial boards of *The Journal of Eating Disorders* and *Weight and Eating Disorders*.

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**To coordinate an interview with Prof Janice Russell, please contact Rachel Fergus
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