

NSW Eating Disorder Coordinators

The Role of the Eating Disorder Coordinator

The Eating Disorder Coordinator is able to provide clinical consultation and support to teams treating people with eating disorders. As part of the consultation, the Eating Disorder Coordinator is able to provide the following support:

- Clinical consultations in the case formulation and treatment planning – this includes advising on treatment plans, referral pathways, and supporting the referral process by providing information and forms.

Note: The service involves consultation only and is not shared care for the patient. It is the responsibility of the treating team to seek and follow up on input from the Eating Disorder Coordinator.

- Clinical supervision to individual clinicians to build the skills and competencies of clinicians in the assessment and treating of eating disorders
- Resources on the screening and assessments of eating disorders – including screening tools as well as medical and psychological assessment forms
- Provision of structured training to build capacity of services in screening, assessing and treating eating disorders

Please note that the coordinator is not able do the following:

- Provide a crisis service
- Undertake assessment and treatment for patients and/or families
- Automatically case manage patients with eating disorders, but can provide support to case managers.
- Take on the role as lead clinician or care coordinator

Child and Adolescent	Network Coordinator	Contact Details
Sydney Children's Hospital Network (SCHN)	Joanne Titterton	Monday - Friday 02 9845 2446 joanne.titterton@health.nsw.gov.au
Local Health District	Local Eating Disorders Coordinators	Contact Details
Central Coast (CCLHD)	Judith Leahy	Monday - Friday 02 4396 5211 02 4352 8823 04 1419 3563 Judith.Leahy@health.nsw.gov.au
Hunter New England (HNELHD)	Mel Hart	Monday - Friday 02 4033 5125 04 3949 4108 Mel.Hart@health.nsw.gov.au
Illawarra Shoalhaven (ISLHD)	Vanessa Allen	Monday, Tuesday & Thursday 02 4254 1600 vanessa.allen@health.nsw.gov.au
Mid North Coast (MNCLHD)	Ute Morris	Monday, Wednesday & Thursday 04 2706 3093 Ute.Morris@health.nsw.gov.au
Murrumbidgee (MLHD)	Angela Farrell	Monday - Thursday 04 1863 5695
Nepean Blue Mountains (NBMLHD)	TBC	TBC
Northern NSW (NNSWLHD)	Deanna Bowen	Monday - Wednesday 02 6620 7587 Deanna.Bowen@health.nsw.gov.au

Northern Sydney (NSLHD)	Caroline Hill (acting)	Monday, Tuesday, Thursday, Friday 0491 226 110 caroline.hill@health.nsw.gov.au
South Eastern Sydney (SESLHD)	TBC	TBC
South Western Sydney (SWSLHD)	Monica Sekowski (acting)	Monday - Friday 0472 865 265 Monica.Sekowski@health.nsw.gov.au
Southern NSW (SNSWLHD)	Monique Perkins	Tuesday - Wednesday 04 5508 5071 Monique.Perkins@health.nsw.gov.au
St Vincent's Hospital Network (SVHN)	Susan Hart	Tuesday – Thursday Contact via switch: 8382 1111 Contact via Nutrition Services 8382 2555 susan.hart@svha.org.au
Sydney (SLHD)	Marcellinus Kim	Monday - Friday 02 9515 1480 04 2915 0746 marcellinus.kim@health.nsw.gov.au
Western NSW (WNSWLHD)	Meg Vickery	Monday - Friday 02 6369 8411 04 3641 3602 Meg.Vickery@health.nsw.gov.au
Western Sydney (WSLHD)	TBC	TBC