

February 2017

The 2015 Annual Eating Disorders NSW Statewide Forum

In 2015 the inaugural Statewide Eating Disorders Forum was held to bring together key stakeholders of the NSW Service Plan for People with Eating Disorders 2013-2018 to discuss its implementation. InsideOut (formally the Centre for Eating and Dieting Disorders) in collaboration with Sydney Local Health District and the Boden Institute at the University of Sydney hosted the Forum for health professionals, individuals with a lived experience of an eating disorder and carers, family and friends.

This Forum provided the opportunity for members of the eating disorder community, including representatives from all NSW Local Health Districts & Networks, clinicians, specialists, individuals with a lived experience of an eating disorder and carers, family and friends to get together and learn about the latest developments and achievements of the Service Plan. It also provided a learning and training opportunity as well as networking for those committed to improving service delivery for people with eating disorders.

The Inaugural 2015 Forum was attended by over 100 health professionals, individuals with a lived experience of an eating disorder and carers, family and friends at the Charles Perkins Centre at the University of Sydney.

In her opening speech, the Minister for Health and Minister for Medical Research, Jillian Skinner, spoke of her passion and commitment to eating disorders. The Minister was presented with a small gift by former patient Emily Baldwin. The Secretary of NSW Health, Dr Mary Foley, and the NSW Commissioner of Mental Health, John Feneley, also gave inspiring speeches.

The day featured practical workshops addressing the following key needs for service planners and providers within the LHD:

1. How to set up a virtual child and adolescent Eating Disorder team within a large community service

Presented by Tania Whithington and Judi Krause

2. Triaging Eating Disorder Patients



3. Developing Local Pathways to Care
4. Developing and Training your local workforce to treat Eating Disorder
5. Setting up an Eating Disorder virtual team (both C&A and Adult) across a local health district

Presented by Dr. Peter O'Keefe and Hollie Laver

6. How to establish local beds in a non-specialist environment
7. RPA Adult and SCHN C&A Tertiary Service Models Overviewed
8. Delivering evidence based treatment in community mental health centres for both C&A and Adults
9. How to set up a local Outpatient Eating Disorder service

The Forum concluded with a Q&A session.

Prior to opening the Forum, Minister Skinner and Dr Foley toured the newly opened Peter Beumont Eating Disorder Unit in the Professor Marie Bashir Centre at RPA with the Chief Executive of Health Infrastructure, Sam Sangster, the Chief Executive of Sydney Local Health District, Dr Teresa Anderson, the General Manager of RPA Deborah Willcox.

If you'd like to see video footage or resources from these sessions, please search for them in our Resource Library.

